



ENGLISH | MARC HUCKLE | @ www.intercambioidiomasonline.com

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C1 HEALTH AND
WELL-BEING

1. What bad habits do you have? (smoking, drinking alcohol etc)
2. Do humans need to eat meat to be healthy and have enough protein?
3. Why do most people eat junk-food even though they know it is bad for them?
4. Do we educate people well enough about the dangers of smoking or drinking too much alcohol?
5. When should we start teaching people about how to stay healthy?
6. What are the dangers of doing too much exercise?
7. Do you suffer from any minor health issues, such as allergies?
8. Have you ever been admitted to hospital? (Why?)
9. Which health problems most concern you?
10. Would you ever consider having cosmetic surgery?
11. How far do you agree with the opinion that getting cold can make you ill?
12. How often do you come down with the flu?
13. Do you generally get sick often?
14. Are you the kind of person that recovers quickly from illnesses?
15. Some people state that a positive state of mind is very important to be healthy. Do you agree?

