



ENGLISH | MARC HUCKLE | @ www.intercambioidiomasonline.com

# Intercambio Idiomas Online

B2 SPORT AND EXERCISE

1. Did you use to participate in a sports team when you were younger?
2. What are the pros and cons of doing exercise on a daily basis?
3. Which do you prefer, exercising alone or with other people?
4. Should we do more or fewer hours of P.E in school?
5. Do you think that children under 18 should be allowed to participate in extreme sports?
6. Which is the best way to lose weight, regular exercise or dieting?
7. What is the most popular sport in your country and why do you think it is so popular?
8. Would you like to take up a new sport in the future?
9. Do people have to do more or less physical activity as they get older to keep in shape?
10. How long do you generally spend doing sport per week?
11. Why has jogging become so popular over the past 10 years?
12. Why are some sports stars paid much more than others?
13. Which sport do you think is the most demanding?
14. How can we encourage people to be active and avoid being obese?
15. What sports can't you stand and why?