



ENGLISH | MARC HUCKLE | @ www.intercambioidiomasonline.com

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B2 FEELINGS

1. Would you say that you are generally a happy person?
2. Is it possible to feel on top of the world all the time?
3. Why is there an increase in depression in today´s society?
4. How often do you feel down or upset?
5. What generally makes you feel depressed or defeatist?
6. What motivates you to get up and go, and feel active?
7. When was the last time you were excited about something?
8. What types of situations do you find really frustrating?
9. Do you tend to feel interested by news events or things in the media?
10. Are you very empathetic? For example, does the mood of other people affect you?
11. Do you find it easy to change the way you are feeling about different events in your life?
12. Are you good at entertaining yourself and feeling content in your own company?
13. Are you a worrier or do you handle difficult situations with ease?
14. What would make you the happiest person on earth?
15. What influences most people to have a positive outlook on their lives?