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Online

B1 SPORT AND EXERCISE

1. What is your favourite sport and why?
2. How often do you usually do exercise a week?
3. When was the last time you went to watch a sports event?
4. Have you ever competed in a sports competition?
5. How long have you been participating in your favourite sport?
6. Would you like to start doing a different sport in the future?
7. How many sports do you do?
8. Which is the most popular sport in your country?
9. How often do you do sport outside per week?
10. Have you ever joined a gym?
11. Where is your favourite place to do sport?
12. Are you keen on doing endurance sports?
13. Do you enjoy doing sports in a team?
14. What is your biggest sporting achievement?
15. What are the advantages of doing exercise regularly?