



HEALTHY AND UNHEALTHY HABITS

Circle the word blue if it is healthy or red if it is unhealthy:

- Pasta
- Chocolate
- Eggs
- Coca-cola
- Bananas
- Salad
- Cheese
- Exercise
- Tomatoes
- Ice cream
- Sleep
- Pears
- Nuts
- Sweets/candy
- Fish
- Vegetables
- Brushing your teeth
- Biscuits/cookies
- Hamburgers
- Butter
- Orange juice

Answers

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