Technology is as addictive as drugs

Why are _____ no age limits for the use of technology? Devices such as mobile phones and tablets have taken over _____ lives like nothing we have seen before. It is clear that they are entertaining and useful, we feel like using them all the time, but _____ is that? Although technology has made our lives easier and we can be more productive with out time, we _____ waste a lot of time. It is said that everyone uses their mobile phone for an average of 4.7 hours per day, this seems excessive. The reason why we cannot put down out phones is that they are addictive, just as addictive _____ cocaine or religion. We get immediate satisfaction from using our mobile as they stimulate us, creating a release of endorphins _____ very little effort involved. This is what makes them dangerous. So, in our humble opinion, some limitations should be put in place, especially in childhood.
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