

Fill in the gaps in the text with one word. More than one answer may be possible.

### How to take advantage of your spare time

I'm into a bit of everything really; cinema, reading sport. All of that as well as learning languages of course. How do you spend your spare time? In my case I know that I like to be productive. I cannot unwind \_\_\_\_\_ (1) a hard week at at the office by sitting around on my backside doing nothing, it makes me go crazy. What I most like to do is spend time with my children. I have two amazing sons names Alex and Jacob. They are great company and they always cheer me up. This aside, I am a massive fan \_\_\_\_\_ (2) doing sport. I regularly \_\_\_\_\_ (3) jogging and have a work-out at the gym. I think it is very important to have a healthy body and mind, this way I can recuperate from work and feel energised. Another essential part of my down time is reading. I love to read, I would say \_\_\_\_\_ (4) this is what I value above \_\_\_\_\_ (5) as it helps me to reflect on my life. What I really cannot stand is spending all of my free time watching TV or wasting my time in shops. I really cannot understand how somebody \_\_\_\_\_ (6) want to spend their personal time trudging around shops, looking \_\_\_\_\_ (7) things they don't need and spending their hard earned dosh on unnecessary stuff. My free time is very valuable to me as I have so little of it. Therefore I refuse to waste it on unnecessary actions when I \_\_\_\_\_ (8) be doing something far more productive or enriching, such as raising my children or learning something new.

## Answer sheet

1. from/after
2. of
3. go
4. that
5. all
6. would/could
7. for/at
8. could/should