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# Intercambio Idiommas Online

VOCABULARY BOOST:  
BEAR

The next word in our vocabulary boost series is BEAR. BEAR is a high frequency verb that can be used as a synonym of *keep, accept, provide or tolerate*. There are numerous collocations and phrasal verbs that are formed using BEAR.

As recommended in our START method ([HERE](#)), you should always learn vocabulary as a short phrase and relate new words to synonyms and use them. Click ([HERE](#)) and ([HERE](#)) for advice on how to learn more vocabulary and [HERE](#) for an example of a great strategy to learn new words.

Bear as a noun is an animal, but it can also be a verb.

### **Collocations:**

To learn new collocations and word patterns you should create phrases using them and also do exercises ([HERE](#))

Bear in mind = think about

Bear the fruit of... = provide

Bear the weight of something = tolerate pressure

Bear the responsibility of = have responsibility

Cannot bear to do/see something = not want to do/see

Cannot bear thinking about something = not want to think about

Bear a resemblance to = be similar to physically

Bear a child = give birth

Bear gifts/presents = have gifts/presents

Bear testimony = be a witness

### **Phrasal verbs:**

The learning of phrasal verbs is best done using this method ([HERE](#))

Bear on = be connected to something

*Does your point really bear on the issue at hand?*

To learn how to use BEAR you need to practice and put these words and collocations into your own words to be able to remember them.