



**INTERCAMBIOIDIOMASONLINE**

ADVERBS OF FREQUENCY

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# Intercambioidiomas

## Adverbs of frequency:

\*Be careful with word order. Between the subject and verb

**BE:** I am **always** tired when I finish work.

He isn't **usually** late for school.

**VERBS:** You **never** get up at 5:00 am.

We **almost never** make dinner for our parents.

ALWAYS

USUALLY/NORMALLY

OFTEN

SOMETIMES

ALMOST NEVER/HARDLY EVER

NEVER

Adverbs of frequency are used to talk about the frequency with which we do certain actions. They are essential for talking about daily routines and the present day.

Adverbs	Percent %	Example Sentences
Always	100%	<i>I <b>always</b> get on well with my workmates</i>
Normally Usually Frequently	80%	<i>I <b>normally</b> arrive at work on time</i> <i>I <b>usually</b> have breakfast at 7 o'clock</i> <i>I <b>frequently</b> make mistakes in class</i>
Often	70%	<i>I <b>often</b> hang out with friends on weekends</i>
Sometimes	50%	<i>I <b>sometimes</b> miss class when I am sick</i>
Not often	30%	<i>I <b>don't often</b> call my mum to speak about my exams</i>
Almost never Rarely Hardly ever Seldom	20%	<i>I <b>almost never</b> make it to my German class</i> <i>I <b>rarely</b> meet new people</i> <i>I <b>hardly ever</b> practice my French</i> <i>I <b>seldom</b> take time off work</i>
Never	0%	<i>I <b>never</b> tell off my children for speaking loudly</i>