Now, I'd like you to talk about something together for about two minutes.

I'd like you to imagine that you are talking about the family. Here are some of the ideas they are thinking about and a question for you to discuss. First you have some time to look at the task.

If you have to support a family, how might it be difficult to find time to do these things?

● Learn a foreign language
● Get enough exercise
● Go on a weekly date with your partner
● Travel the world
● Go shopping

Now, talk to each other about how supporting a family might make it difficult to find spare time.

Thank you. Now you have about a minute to decide which is the most difficult thing to find time for.

Thank you.

Now, discuss these questions, in order, as appropriate:

● What do you wish you had more time for?
● What did you do more of in the past that you would like to do again?
● What do you spend too much time doing?
● What can't you stand wasting time doing?