



**Fill in the gaps with the gerund, full infinitive or bare infinitive:**

1. Is it worth \_\_\_\_\_ (FIND) out a lot about healthy eating before \_\_\_\_\_ (GO) on a diet?
2. Are you just about \_\_\_\_\_ (TAKE) up a new diet?
3. Do you let your friends \_\_\_\_\_ (GET) away with murder?
4. Did you mean \_\_\_\_\_ (FALL) into the lifestyle that you did?
5. What sports can't you stand \_\_\_\_\_ (DO) when it comes to staying in shape?
6. Would you hesitate \_\_\_\_\_ (FOLLOW) someone's health advice if they weren't a qualified health professional?
7. Would you dare \_\_\_\_\_ (TAKE) up a strict diet like Atkins or fasting?
8. Would you mind \_\_\_\_\_ (BECOME) a vegetarian?
9. Are you willing \_\_\_\_\_ (CHANGE) your lifestyle radically for the sake of your health?
10. Do you remember ever \_\_\_\_\_ (HAVE) to cut out a certain food (group) for health reasons?
11. Why do so many people strive \_\_\_\_\_ (LOSE) weight before going away for the summer?
12. Are you currently trying \_\_\_\_\_ (CHANGE) anything about your health situation?
13. Do you regret not \_\_\_\_\_ (HAVE) started any type of physical activity as a youngster?
14. Why are so many people reluctant \_\_\_\_\_ (GIVE) up drinking or smoking?
15. When it comes to \_\_\_\_\_ (EAT) healthily, are you strict with yourself or not?
16. Have you ever come across an excellent health tip while \_\_\_\_\_ (SURF) the internet?
17. How influential is your upbringing on \_\_\_\_\_ (BE) healthy?
18. How far do you claim \_\_\_\_\_ (LEAD) a healthy lifestyle?





Answers:

1. Is it worth **finding** out a lot about healthy eating before **going** on a diet?
2. Are you just about **to take** up a new diet?
3. Do you let your friends **get** away with murder?
4. Did you mean **to fall** into the lifestyle that you did?
5. What sports can't you stand **doing** when it comes to **staying** in shape?
6. Would you hesitate **to follow** someone's health advice if they weren't a qualified health professional?
7. Would you dare **to take** up a strict diet like Atkins or fasting?
8. Would you mind **becoming** a vegetarian?
9. Are you willing **to change** your lifestyle radically for the sake of your health?
10. Do you remember ever **having** to cut out a certain food (group) for health reasons?
11. Why do so many people strive **to lose** weight before **going** away for the summer?
12. Are you currently trying **to change** anything about your health situation?
13. Do you regret not **having** started any type of physical activity as a youngster?
14. Why are so many people reluctant **to give** up drinking or smoking?
15. When it comes to **eating** healthily, are you strict with yourself or not?
16. Have you ever come across an excellent health time while **surfing** the internet?
17. How influential is your upbringing on **being** healthy?
18. How far do you claim **to lead** a healthy lifestyle?

