Now, I’d like you to talk about something together for about two minutes.

Here are some ideas for you to talk about and a question for you to discuss. First you have some time to look at the task.

Now, I’d like you to **talk about people and their well-being**

*Health issues like diabetes and obesity are causing havoc in healthcare systems. How useful can these things be in encouraging proprl to lead a healthy lifestyle?*

- *Cooking classes in schools*
- *Publicity campaigns*
- *Tax on junk-food*
- *Sports programmes in local communities*
- *Investment in sports facilities*

*Use the following questions, in order, as appropriate:*

- The best way to stay healthy is to eat right. What do you think?
- It is said that regular exercise throughout your life keeps you motivated and active. What’s your view?
- Is health advice is more reliable nowadays than in the past?
- What’s the best way to stick to a healthy diet?
- Is it ever ok to binge drink?