Fill in the gaps with the correct modal verbs or semi-modal:

1. You _____ listen to the advice of your doctor.
2. I _____ to drink more water to stay healthy.
3. I _____ better sleep at least 8 hours per night.
4. _____ we try to do more exercise this month?
5. They _____ to eat 5 pieces of fruit a day.
6. You ____ follow all of the instructions to keep safe at work.
7. Do you _____ to work in a team in your job?
8. It _____ be as hard as you think. needn´t
9. Will you be _____ to hand the project in on time?
10. _____ we work more hours or try to delegate tasks?
11. Do you _____ to get a lot done at work to finish on time?
12. I am not _____ to watch TV late at night.
13. Do you _____ to do chores around the house.
15. You _____ reach your goals if you organise your time.
16. You _____ follow all the instructions in the exam.
17. I _____ better work on my assignment.
18. _____ you reach fluency in 3 foreign languages?
19. You _____ cheat on the exam if you want to do it well.
20. You _____ to do all of the writing sections, it is not necessary.
Answers:

1. You _____ listen to the advice of your doctor. should
2. I _____ to drink more water to stay healthy. ought
3. I _____ better sleep at least 8 hours per night. had
4. _____ we try to do more exercise this month? Should
5. They _____ to eat 5 pieces of fruit a day. ought
6. You ____ follow all of the instructions to keep safe at work. must
7. Do you _____ to work in a team in your job? need
8. It _____ be as hard as you think. needn´t
9. Will you be _____ to hand the project in on time? able
10. _____ we work more hours or try to delegate tasks? Should
11. Do you _____ to get a lot done at work to finish on time? have
12. I am not _____ to watch TV late at night. allowed
13. Do you _____ to do chores around the house. have
14. I am _____ of learning languages with ease. capable
15. You _____ reach your goals if you organise your time. might
16. You _____ follow all the instructions in the exam. must
17. I _____ better work on my assignment. had
18. _____ you reach fluency in 3 foreign languages? Could
19. You _____ cheat on the exam if you want to do it well. mustn´t
20. You _____ to do all of the writing sections, it is not necessary. don´t have